

# Wellsprings Leisure Centre

## All Activities

### Week beginning Monday 6 September

#### Monday 6 September

TIME	ACTIVITY	TYPE	ADULT	CONCES.
09:30 - 10:15	HOT CYCLING	Fitness	£5.10	£3.85
10:15 - 11:30	ACTIVE TOTS	Activities	£N/A	£2.90
10:20 - 11:20	BODYPUMP	Fitness	£5.10	£3.85
11:30 - 12:30	BODY VIVE	Fitness	£5.10	£3.85
16:00 - 17:00	STREET JAZZ	Activities	£N/A	£4.05
16:00 - 17:00	TRAMPOLINING (UNDER 8'S)	Activities	£N/A	£4.05
16:45 - 18:15	TRAMPOLINE SQUAD	Activities	£N/A	£N/A
17:00 - 18:00	TRAMPOLINING (+8 YRS)	Activities	£N/A	£4.05
17:30 - 18:15	HOT CYCLING	Fitness	£5.10	£3.85
18:05 - 19:05	LEGS, BUMS AND TUMS	Fitness	£5.10	£3.85
18:30 - 19:15	HOT CYCLING	Fitness	£5.10	£3.85

18:40 - 19:40	CIRCUIT TRAINING	Fitness	£5.10	£3.85
19:05 - 20:05	BODY COMBAT	Fitness	£5.10	£3.85
19:30 - 20:30	PILATES	Fitness	£5.10	£3.85
20:15 - 21:15	POLE DANCING	Fitness	£N/A	£N/A

### Tuesday 7 September

TIME	ACTIVITY	TYPE	ADULT	CONCES.
09:20 - 10:20	TODDLER BOUNCE	Activities	£N/A	£4.05
10:20 - 11:20	TODDLER BOUNCE	Activities	£N/A	£4.05
16:00 - 17:00	GYMNASTICS	Fitness	£N/A	£4.05
17:00 - 18:00	GYMNASTICS	Fitness	£N/A	£4.05
18:00 - 19:00	GYMNASTICS	Fitness	£N/A	£4.05

### Wednesday 8 September

TIME	ACTIVITY	TYPE	ADULT	CONCES.
09:30 - 10:30	TUMBLE TIME	Activities	£N/A	£3.40
10:30 - 11:30	TUMBLE TIME	Activities	£N/A	£3.40

13:00 - 13:50	SOCATOTS	Activities	£N/A	£4.05
13:50 - 14:35	SOCATOTS	Activities	£N/A	£4.05
16:00 - 20:15	GYMNASTICS	Fitness	£N/A	£4.05
16:00 - 17:00	TEEN FIT	Fitness	£N/A	£3.00

### Thursday 9 September

TIME	ACTIVITY	TYPE	ADULT	CONCES.
09:15 - 10:45	ACTIVE TOTS	Activities	£N/A	£2.90
10:30 - 11:15	TODDLER BALLET	Activities	£N/A	£4.05
11:15 - 12:00	PRE-SCHOOL BALLET	Activities	£N/A	£4.05
16:00 - 17:00	TRAMPOLINING (UNDER 8'S)	Activities	£N/A	£4.05
17:00 - 18:00	TRAMPOLINING (+8 YRS)	Activities	£N/A	£4.05
17:00 - 18:00	BRAZILIAN SOCCER SCHOOL	Course	£N/A	£4.05
17:00 - 21:00	TRAMPOLINE SQUAD	Activities	£N/A	£N/A

### Friday 10 September

TIME	ACTIVITY	TYPE	ADULT	CONCES.
09:30 - 11:00	BUMBLES FUN HOUSE	Activities	£N/A	£2.50

11:00 - 12:30	BUMBLES FUN HOUSE	Activities	£N/A	£2.50
15:30 - 17:00	TEENAGE TRAMPOLINING	Activities	£N/A	£4.05
17:00 - 19:00	TRAMPOLINE SQUAD	Activities	£N/A	£N/A

### Saturday 11 September

TIME	ACTIVITY	TYPE	ADULT	CONCES.
08:30 - 09:30	GYMNASTICS	Fitness	£N/A	£4.05
08:30 - 09:30	TRAMPOLINING (+8 YRS)	Activities	£N/A	£4.05
09:30 - 10:30	GYMNASTICS	Fitness	£N/A	£4.05
09:30 - 10:30	TRAMPOLINING (+8 YRS)	Activities	£N/A	£4.05
10:00 - 11:00	ARCHERY	Activities	£N/A	£4.05
10:00 - 12:00	DOUBLE MINI TRAMP	Activities	£N/A	£4.00
10:40 - 11:40	GYMNASTICS	Fitness	£N/A	£4.05
11:00 - 12:00	TEEN FIT	Fitness	£N/A	£3.00
11:40 - 12:40	GYMNASTICS	Fitness	£N/A	£4.05

### Sunday 12 September

*There are no events on this day.*

