













Short Walks in Wellington

10:15 arrival for 10:30 on Mondays and Thursdays

Routes of 30 - 60 minutes, 1.5 - 3 miles

DATE	MEETING POINT & ROUTE DETAILS	KEY
Mon 27th Feb	Wellington Sports Centre Fairly flat walk, footpaths and pavements	
Thurs 1st March	Wellington Park Pavements and public footpaths	
Mon 5th March	Wellington Sports Centre A shorter walk. Fairly flat but one incline, footpaths, pavements, gates and footbridges	
Thurs 8th March	Wellington Park Pavements, public footpaths, slight incline	
Mon 12th March	Wellington Sports Centre Pavements, public footpaths, two inclines, kissing gates, footbridges	
Thurs 15th March	Wellington Park A shorter walk. Fairly flat using pavements	
Mon 19th March	Wellington Park Pavements, public footpaths, footbridges, Kissing gates, steps	
Thurs 22nd March	Wellington Sports Centre Fairly flat but one long gradual incline, footpaths And pavements	
Mon 26th March	Wellington Sports Centre Fairly flat but one long gradual incline, footpaths and pavements	
Thurs 29th March	Wellington Park Pavements, footpaths, steps, country lanes, open water, long gradual incline	
Mon 2nd April	Bulford- South Street Car Park Footpaths, pavements and one long gradual incline	
Thurs 5th April	Wellington Park A shorter walk. A few gentle inclines, pavements and Public footpaths	
Mon 9th April	NO WALK - BANK HOLIDAY	
Mon 12th April	Wellington Sports Centre One long incline, public footpaths, pavements and some road walking	

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DATE	MEETING POINT & ROUTE DETAILS	KEY
Mon 16th April	Wellington Park Public footpaths, pavements and some inclines	
Thur 19th April	Wellington Sports Centre Pavements, public footpaths and one short incline	
Mon 23rd April	Wellington Sports Centre Pavements, public footpaths, kissing gates, inclines.	
Thurs 26th April	Wellington Sports Centre A shorter walk. Fairly flat but one incline, footpaths, Pavements, gates and footbridges	
Mon 30th April	Outside Rockwell Green Christian Centre Country lanes, public footpaths, stiles and inclines .	
Thurs 3rd May	Bulford- South Street Car Park Pavements, public footpaths, stiles, inclines	
Mon 7th May	NO WALK - BANK HOLIDAY	
Thurs 10th May	Wellington Park A shorter walk. Fairly flat using pavements	
Mon 14th May	Wellington Sports Centre Country lanes, footpaths, inclines, pavements	
Thurs 17th May	Outside Tonedale Business Park, Millstream Gardens 1 + hour walk. Country footpaths on the West Deane Way	
Mon 21st May	Wellington Sports Centre A shorter walk. Fairly flat with one short incline, pavements and footpaths	
Thurs 24th May	Wellington Park Pavements, footpaths, steps, country lanes, open water, long gradual incline	